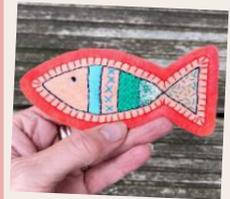


# THE STITCH

stage\*\*\*

## Thursday 3rd March

<p>10:00 - 10:30</p>	<p><b>Modern Crewel Work: Scandi Fish Brooch:</b> <b>Sponsored by Aurifil Threads</b></p> <p><b>with Jo Avery</b></p>	<p>Modern Crewel Embroidery expert and author, Jo Avery, will be demonstrating a number of accessible embroidery stitches while making this cute Scandi Fish brooch. Learn about the history and meaning of crewelwork while watching this adorable fish come alive with wool embroidery embellishments. Stitches shown include satin, chain, blanket, seed and colonial knots. You can also use this sweet felt motif as a bag charm, hanging decoration or nametag! There will also be an opportunity to ask questions from expert Jo.</p>
<p>11:00 - 11:30</p>	<p><b>In Conversation with Lisa Comfort, Sew Over It</b></p>	<p>Find out more about 'Behind the Scenes' of Sew Over It. Wendy Gardiner will be talking to Lisa Comfort to find out how it all began, her inspiration and what it is like to have created such a successful pattern company.</p>
<p>12:00 - 12:30</p>	<p><b>A Sewing Odyssey</b></p> <p><b>with Mark Francis</b></p>	<p>Following on from Mark's highly regarded talks around the UK, you can now meet him in person and hear all the gossip from the sewing room and hear about his journey from non-sewer to GBSB and beyond.</p>
<p>13:00 - 13:30</p>	<p><b>Q&amp;A with Esme Young</b></p>	<p>Great British Sewing judge Esme Young talks about her life and career in fashion, film, teaching and TV; from her first creation at the age of seven to being one of four women designers who founded the iconic fashion label Swanky Modes, working on films such as Trainspotting and Bridget Jones and teaching at Central St Martins. Photograph by Mark Bourdillon, copyright Love Productions</p>
<p>14:00 - 14:30</p>	<p><b>Cricut: The Ultimate Cutting Machine &amp; More!</b> <b>Sponsored by Cricut</b></p>	<p>Let your imagination run wild with Cricut machines, tools and accessories, from precise, accurate, speedy cutting machines, to tools that allow you to personalise, customise and embellish your creations. Join the Cricut demo to discover a world of possibilities, with a follow up Q&amp;A where you can speak to Cricut experts and find out how Cricut can enable you to be your creative best.</p>
<p>15:00 - 15:30</p>	<p><b>Meet the editor: Jo Checkley</b></p>	<p>Just what goes on behind the scenes of a successful popular magazine? Join Jo Checkley, Editor of Prima Magazine as she uncovers some of the secrets! She will share how projects are picked, commissioned and prepared for publication and so much more.</p>
<p>16:00 - 16:30</p>	<p><b>Needle Felted Landscapes with Delphine Brooks</b></p>	<p>Join Delphine (Sewing Street TV presenter) demonstrate how to create a 2D needle felted picture using wool and hand embroidery. She will provide an insight into how wool can be used as the artists paint and by using hand embroidery to bring out the finer details within the piece. learn some easy tips on how to bring depth to a simple picture that you could use across many different types of media.</p>



# THE STITCH

stage

## Friday 4th March

<p>10:00 - 10:30</p>	<p><b>Clever Origami Bags from Two Fat Quarters: Sponsored by Aurifil Threads</b>  with Jo Avery</p>	<p>Renowned quilt designer and teacher, Jo Avery, will be demonstrating how to make two different origami bags, each made from two Fat Quarters. By simply folding your fabric in different directions you will see how to make a lined drawstring bag with a pocket or a bag that looks like a beautiful flower. These are the quickest easiest drawstring bags you will ever make! There will also be an opportunity to ask questions from expert Jo.</p>
<p>11:00 - 11:30</p>	<p><b>In Conversation with Lisa Comfort, Sew Over It</b></p>	<p>Find out more about 'Behind the Scenes' of Sew Over It. Wendy Gardiner will be talking to Lisa Comfort to find out how it all began, her inspiration and what it is like to have created such a successful pattern company.</p>
<p>12:00 - 12:30</p>	<p><b>How to Wear Your Happy and Live your Boldest Life!</b>  with Karen Arthur</p>	<p>Karen Arthur is a Fashion Creative, Sewing tutor and podcast host. She speaks about the positive links between fashion and mental wellbeing – Wear Your Happy – and how this helped her through depression after leaving teaching. Her podcast Menopause Whilst Black, centres the mid life stories of Black British women. Having taken up modelling in her late fifties, you may have seen her smiling eyes gracing the Specsavers TV and billboard campaign. Brought up in Oxfordshire, Karen, a 59 year old grandma, is now based in London.</p>
<p>13:00 - 13:30</p>	<p><b>Turlough Shirt Masterclass</b>  with Mark Francis</p>	<p>In this demo Mark will talk you through his Turlough Shirt pattern, where to begin and demonstrate some of the trickier elements of the pattern. You will have the opportunity to ask Mark questions about the design, his inspirations and what else is on the cards.</p>
<p>14:00 - 14:30</p>	<p><b>Cricut: The Ultimate Cutting Machine &amp; More! Sponsored by Cricut</b></p>	<p>Let your imagination run wild with Cricut machines, tools and accessories, from precise, accurate, speedy cutting machines, to tools that allow you to personalise, customise and embellish your creations. Join the Cricut demo to discover a world of possibilities, with a follow up Q&amp;A where you can speak to Cricut experts and find out how Cricut can enable you to be your creative best.</p>
<p>15:00 - 15:30</p>	<p><b>Stitching for the Soul</b>  with Angela Daymond</p>	<p>The running stitch has been used in textiles for thousands of years. Forget about perfection and learn why immersing yourself in the soothing world of running stitch is good for you. Angela will also demonstrate many variations of running stitch and suggest how each can be used in your own work.</p>
<p>16:00 - 16:30</p>	<p><b>Free Motion on Style-Vil Foam: Making Fabric Pots</b>  with Sukhbeer Dryden, Sew n Beads</p>	<p>During this demo Sukhbeer will show you how easy it is to add raw edge applique and free motion to style-vil foam – a fabulous product that provides body to projects. This will then enable you to create things like fabric pots or even embroidered bags.</p>



# THE STITCH

stage

## Saturday 5th March

10:00 - 10:30	<p><b>Understanding Paper Patterns: Symbols and Sizing Demystified</b></p> <p>with Wendy Gardiner</p>	<p>If you are a little nervous about using patterns and are not sure what all the symbols mean, let Wendy explain! She will also talk about pattern sizing, finished garment measurements and much more. You will leave with so much more confidence to tackle any pattern!</p>
11:00 - 11:30	<p><b>In Conversation with Lisa Comfort, Sew Over It</b></p>	<p>Find out more about 'Behind the Scenes' of Sew Over It. Wendy Gardiner will be talking to Lisa Comfort to find out how it all began, her inspiration and what it is like to have created such a successful pattern company.</p>
12:00 - 12:30	<p><b>Instagram Makers Catwalk Show</b></p>	<p>Join us and watch brave sewists model the garments they have made from some of the successful Independent Pattern Companies and Fabric retailers. You will see how easy some of these fabulous garments are to make and how fantastic they look on 'normal' people! Be prepared to whoop and cheer as these makers model their own versions of these popular patterns.</p>
13:00 - 13:30	<p><b>Q&amp;A with Esme Young</b></p>	<p>Great British Sewing judge Esme Young talks about her life and career in fashion, film, teaching and TV; from her first creation at the age of seven to being one of four women designers who founded the iconic fashion label Swanky Modes, working on films such as Trainspotting and Bridget Jones and teaching at Central St Martins. Photograph by Mark Bourdillon, copyright Love Productions.</p>
14:00 - 14:30	<p><b>Modern Crewel Work: Scandi Fish Brooch: Sponsored by Aurifil Threads</b></p> <p>with Jo Avery</p>	<p>Modern Crewel Embroidery expert and author, Jo Avery, will be demonstrating a number of accessible embroidery stitches while making this cute Scandi Fish brooch. Learn about the history and meaning of crewelwork while watching this adorable fish come alive with wool embroidery embellishments. Stitches shown include satin, chain, blanket, seed and colonial knots. You can also use this sweet felt motif as a bag charm, hanging decoration or nametag! There will also be an opportunity to ask questions from expert Jo.</p>
15:00 - 15:30	<p><b>Cricut: The Ultimate Cutting Machine &amp; More! Sponsored by Cricut</b></p>	<p>Let your imagination run wild with Cricut machines, tools and accessories, from precise, accurate, speedy cutting machines, to tools that allow you to personalise, customise and embellish your creations. Join the Cricut demo to discover a world of possibilities, with a follow up Q&amp;A where you can speak to Cricut experts and find out how Cricut can enable you to be your creative best.</p>
16:00 - 16:30	<p><b>The Basics of Bargello</b></p> <p>with Nerrisa Pratt</p>	<p>Get to grips with the basic Bargello hand stitches, so you can go onto create your very own project. From the best materials to use, swatches and examples as well as the basic techniques, this demo will give you all the info you ever needed so you can start Bargello-ing right away!</p>



# THE STITCH

stage

## Sunday 6th March

10:00 - 10:30	<p><b>Cricut: The Ultimate Cutting Machine &amp; More!</b> Sponsored by Cricut</p>	<p>Let your imagination run wild with Cricut machines, tools and accessories, from precise, accurate, speedy cutting machines, to tools that allow you to personalise, customise and embellish your creations. Join the Cricut demo to discover a world of possibilities, with a follow up Q&amp;A where you can speak to Cricut experts and find out how Cricut can enable you to be your creative best.</p>
11:00 - 11:30	<p><b>An Insight Into Shoe Making</b> with Hetty Rose Shoes</p>	<p>Hetty Rose is a bespoke shoe designer and maker, hand making shoes for women looking for something truly unique. Hetty also teaches shoe making workshops where people can learn how to create their very own pair of shoes. In the presentation Hetty will showcase her shoes and demonstrate several processes used throughout the shoe making creation, from explaining the upper pieces, lasting the shoe and reveal more about the vintage materials she uses to create the shoes. Hetty will also take questions regarding the shoe making process and talk about her passion for her work.</p>
12:00 - 12:30	<p><b>Dressmaking Competition Finale Fashion Show</b></p>	<p>Join us as the finalists of our Dressmaking Competition strut their stuff. There were five categories: Eveningwear, Loungewear, Children's Clothes, Upcycled/Repurposed and Knit or Crochet. Which will be your favourite?</p>
13:00 - 13:30	<p><b>Clever Origami Bags from Two Fat Quarters:</b> Sponsored by Aurifil Threads</p>	<p>Renowned quilt designer and teacher, Jo Avery, will be demonstrating how to make two different origami bags, each made from two Fat Quarters. By simply folding your fabric in different directions you will see how to make a lined drawstring bag with a pocket or a bag that looks like a beautiful flower. These are the quickest easiest drawstring bags you will ever make! There will also be an opportunity to ask questions from expert Jo.</p>
14:00 - 14:30	<p><b>The Black Girl Knit Club</b></p>	<p>As part of this 1-hour talk, Black Girl Knit Club will discuss the importance of community and craft and how they have created this sisterhood amongst their club members. They will reflect on their reasons for starting the group in 2019 and discuss the highs and lows of running a new craft business, especially during the pandemic year. The founders will share highlights from over the years, creating a series of knitting idents for the BBC during the lockdown and having their unique upcycled "peacock of Ademe" yarn stocked in the prestigious Liberty of London. Most importantly the founders will discuss their upcoming release of writing an introductory book Conscious Crafts: Knitting. The book is a part of a series and it unpicks the meditative nature of the knit for creating well-being and mindfulness with projects in the home to clothing accessories. They invite the audience to reflect on how craft can be used as a tool for change in connecting with ourselves and others.</p>



Completely free to attend, just come along and take a seat. These short demonstrations provide the ideal opportunity to sit and learn about a new technique or craft in a relaxed atmosphere.